

Flex Day Schedule of Events

Tuesday, August 15, 2006

Division Meetings

Business Division	9-12 noon	Room 1219B
Language Arts Division	9-11 a.m.	Room 5132A
PE/Athletics Division	9-11 a.m.	Please check with the PE Division Office for location
Science/Math/Technology	9-12 noon	Room 7215
SS/CA Division	9-12 noon	Room 1107

12:30-2:30 SLOAC Workshops

- SLOAC Workshop #1 for Beginners
Understanding the SLOAC Framework with Karen Wong and Soodi Zamani.
Location: Room 5131.
- SLOAC Workshop #2 for the Initiated
Writing SLO's with Carlos Colombetti, Rick Hough, Lucia Lachmayr, and Betty Lindgren-Young. Location: Room 1107.
- SLOAC Workshop #3 for the Advanced
Creating an Assessment Plan with Susan Andrien, Cathy Hasson, and Regina Pelayo. Location: Room 1124.

12:30 - 2:00 Qi (chi) Gong workshop

Tree of Life; Achieving Spiritual Realization, Qi (chi) is energy and Gong is cultivation. Never before has there been a system that unites the Taoist practice of energy cultivation with the ancient Kamitic initiation system for spiritual cultivation. The class will include theory of the system and application to learn the Medical Qi Gong postures to simultaneously purge the toxic energies out of the major organs. Such purging aids in enhancing your career, brings clarity, optimizes the process of transcending negative conditionings and achieves physical and emotional healing. Location: Mat Room, Pacific Heights. Contact jacksont@smccd.edu or taylorp@smccd.edu to register.

Building Tours

For faculty who reserved a space to preview new campus buildings, the tour schedule follows. For your safety, hard hats will be provided. Please wear sturdy, closed-toe, hard-soled shoes and long pants.

3:30-4:00

- Tour of Building 7A. Tour group meets at the Hensel-Phelps trailer in former Parking Lot 7 at 3:30.
- Tour of Building 8. Tour group meets in the Quad at 3:30.

4:00-4:30

- Tour of Building 6. Group meets in the Quad at 4:00.