

*Public and Private Selves*

Please CHECK the following topic as either: PRIVATE: If it is comfortable to think about to your self or to discuss in intimate relationships. Or PUBLIC: If it is comfortable to discuss with casual friends, acquaintances, or strangers.

ATTITUDES AND OPINIONS

PUBLIC

PRIVATE

1. My religious views
2. My view on U.S. world involvement
3. My views on racial/ethnic identity
4. My views on sexual mores
5. Attributes I find desirable in a person

TASTES AND INTERESTS

1. My favorite foods or food dislikes
2. My likes and dislikes in music
3. My favorite reading material
4. My favorite films
5. Social gatherings I enjoy or detest

WORK OR STUDIES

1. Shortcomings I'm working on
2. My special strong points as a person
3. My goals in my work or studies
4. My satisfaction with my career
5. My real feelings for persons I work with

MONEY

1. How much money I make
2. Whether I owe money (how much)
3. My total financial portfolio
4. My most pressing need for money now
5. How I budget my finances

PERSONALITY

1. Aspects of my personality I dislike
2. Feelings I have trouble expressing
3. Facts about my romantic partner
4. Things I am ashamed or guilty about
5. Things that make me feel proud

BODY

1. My feelings about my face
2. How I wished I looked
3. My feelings towards my body
4. My past illnesses and treatment
5. Feelings about my sexuality

TOTAL

PUBLIC

PRIVATE