



ONLINE COUNSELING

Real Time Chat

Location: Online

Wednesdays 6:00pm until 6:30pm

Online chat is a form of synchronous <real-time> communication, meaning you must participate in the chat session with other students. This is quite different from discussion, which is asynchronous and would allow you to participate in a one on one with the Counselor at a time that has been previously arranged.

As you may already know, chat sessions fill the need for you to have instant feedback and conversation with a professional Counselor. Typically these sessions are very informal and may occur at a rapid pace. This may, at first, seem intimidating to you, if you are concerned with typo's and spelling errors. However, if you remember that the real purpose of this chat is for us to communicate, there is little time for you to proof read... so spelling and grammar do not hold much weight in chat sessions <unlike discussion and email>

Three very important elements of chat:



You will receive immediate, real-time feedback



You can quickly share ideas and ask questions



The Counselor is able to conduct office hours online